



Spiritually Breaking the Chains of Addiction

ITEMS TO BRING

- Bring no more than nine (9) outfits. (shirt/pant combo is considered an outfit), and two (2) church/dress outfits. No spaghetti straps or backless shirts or dresses. Shorts need to be at an appropriate and respectful length.
- Under-garments/under clothing
- Two (2) sleep outfits (tee-shirt, pajamas etc) (never to be worn outside)
- Shoes, no more than Four (4) pairs. At least one pair of tennis shoes and one pair of dress shoes.
- Drivers license/proof of identification
- \$50 for the purchase of 2 LifeSavers Ministry shirts and overcomers book (these items are required for our program)

Personal Items

- Deodorant (non-aerosol)
- Twin size sheet set, pillow case and blanket
- Razors
- Bath soap
- Toothbrush/toothpaste
- Laundry detergent
- Shampoo/ hair products
- Hairbrush/comb
- 3 wash clothes/3 bath towels
- Mouthwash (no alcohol)
- Writing materials, stamps, and envelopes
- Alarm Clock
- Watch
- Bible (NKJV or NIV only)

❖ **ANY ITEMS CONTAINING ALCOHOL OR AERSOL WILL NOT BE ALLOWED**

❖ **ANY CLOTHING THAT IS UNACCEPTABLE, HAS DRUG, ALCOHOL OR IS INAPPROPIATE IN ANY MANNER WILL BE PROHIBITED**

ITEMS NOT TO BRING

- Over the counter medications – All prescriptions must be pre-approved (see medication list)
- Appliances
- Hand Sanitizers
- Pets
- Secular DVD's, Music, TV, phone or any electronic device that connects to the internet.